

## Private practice

### PRIOR TO THE CLINICAL CONSULTATION

The client should be screened at the time of booking. The Therapist and the client should also be screened on the day of the appointment and should not come to the clinic if they meet even one of the following conditions:

- being sick
- return from a trip outside of Canada within the last 14 days.
- been asked to self isolate.

On the day of the appointment, the Therapist must document the client's COVID-19 screen was completed and negative.

### CLINIC CONSULTATION

If in-person presence is required, please adhere to the following:

- Limit the presence of others accompanying the client to the strict minimum. This may vary depending on the needs of each client.
- Adopt rules for physical distancing between clients and staff, excluding the Therapist: 2 meters (or 6 feet) apart.
- Modify seating in waiting and changing areas so there is appropriate space between seats, or divide/block sections off as required.
- Clearly mark proper physical distancing on the floor of the reception area in the event the client arrives early.
- Post reminders of measures to reduce the spread of COVID-19.

Admin to follow the steps detailed below and communicate the content to the client prior to the appointment:

- Space the arrival times of clients to ensure they can easily remain at a safe distance from each other.
- Upon arrival, ask the client to wash their hands for at least 20 seconds with an alcohol-based disinfectant, or with soap and water.

- Direct the client immediately to the treatment area to prevent unnecessary movement from one area to another.
- Wash hands between each client if passing paper, pens etc.

During the consultation the therapist must:

- Wash their hands for at least 20 seconds with soap and water, or an alcohol-based disinfectant before each visit. Wearing gloves is also an option, but hands must still be washed to avoid cross contamination.
- Always wear a procedure mask when carrying out interventions as it is impossible to maintain proper distancing.
- Routine precautions are recommended **if there is risk** of exposure to biological liquids during the intervention. This would include gloves, glasses or visor, gown or long-sleeved lab coat, as well as the procedure mask.
- Apply the rules to properly put on PPE.

After the consultation the Therapist must:

- Instruct the client to wash their hands for at least 20 seconds with soap and water or an alcohol-based disinfectant before departure.
- Ensure that all items (chair/table/plinth/instruments) with which the client came into contact are cleaned thoroughly with a surface disinfectant before and after each consultation. Change all linens. Other recommendations
- Wash their own hands for at least 20 seconds with soap and water or an alcohol-based disinfectant. If wearing gloves, change them after each consultation and then wash hands again.
- If soiled, change the procedure mask, gown or lab coat after the consultation. Clean glasses if required.
- Apply rules for the removal of PPE.

#### Other recommendations

- Ensure other staff members wear a procedure mask and follow routine precautions as required.
- Be sure staff members properly put on and remove their PPE.
- If possible, make protective glasses or visors available to staff members who wish to use them.

- Clean and disinfect more frequently during opening hours and at the end of the day.
- . • Make disinfectant (touchless)pumps available, especially at reception, and in all places that require contact with objects (e.g. signing forms, etc.).
- Actively promote contactless payment.
- Ensure that employees receive adequate training on hygiene measures to be applied during a pandemic.